



2015 Keiki Great Aloha Run

A Healthy Fundraising Event for
Healthy Kids, Healthy Families, Healthy Schools

Saturday, February 14, 2015

Program begins at 7:30 a.m. Run starts at 8:15 a.m.



- A safe, 2-mile run around the Neal Blaisdell Center & McKinley High School.
- For keiki 12 years & under, their ohana, school staff and supporters.
- Raise funds for your school. \$15 from each registration will be returned to support your school's Nutrition Education and Physical Activity programs!

Registration fees and deadlines: \$18 by Jan. 23rd; \$ 22 by Feb. 2nd. (For children 5 and under, register both child and adult as "You and Me Together" for \$25.) Deadline for mail-in registrations is Feb. 2nd. No registrations on the day of event. \$25 Late Registration at Packet Pickup on Feb. 7 & 8.

Event t-shirt and healthy breakfast for all who register.

To register, go to www.hawaii5210.org or www.kahoomiki.org

Sponsors: Kaiser Permanente • UnitedHealthcare • City and County of Honolulu
• Meadow Gold Dairies • McDonald's Restaurants of Hawaii • Junior League of Honolulu
• Capitol One 360 • Kokua Hawaii Foundation

Community Partners: Kaho'omiki • Hawaii5210, Let's Go! • YMCA of Honolulu
• HAHPERD: Hawaii Association for Health, PE, Recreation and Dance • Hawaii Child Nutrition Programs
• Hastings & Pleadwell, A Communication Company • UH Food Science & Human Nutrition Council
• Mid-Pacific Road Runners Club • McKinley High School • E Ola Koa, KES Dance Fitness Team and Street Jamz
WeRkOuT • Traditional Taekwondo Center • UH Women's Track Team • The Running Room
• Kapiolani Community College, Culinary School • Hawaii Bicycling League

Questions? Contact Race Coordinator at keikirun@gmail.com • (800) 581-7491 Ext. 5



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[This form may be copied. Fill out a separate form for each child, runner, walker, supporter]

TO REGISTER ON-LINE: www.hawaii5210.org or www.kahoomiki.org

TO REGISTER BY MAIL: Mail entry form and make check payable to: **Kahoomiki, 1493 Halekoa Drive, Honolulu, HI, 96821.** Must be postmarked on or by February 2, 2015.

PACKET PICK-UP @ The Running Room, 819 Kapahulu Avenue, Honolulu, on February 7 (Saturday), 12 noon - 5 p.m. and February 8 (Sunday), 1 - 4 p.m.

LATE REGISTRATIONS will be at Packet Pickup on February 7 & 8th. \$25. There will be no race day registration.

No refunds on registrations.

CHECK ONE:

- Individual Child, Ages 6-12, \$18 by midnight January 23; \$22 by midnight February 2
- Individual Parent, Guardian or Supporter, \$18 by midnight January 23; \$22 by midnight February 2
- "You & Me Together, for children ages 5 & under (includes strollers) and one Parent/Guardian, \$25 by Jan. 23; \$29 by Feb.2. Complete a SEPARATE form for the adult (provide name, age, gender, shirt size, and signature) and submit the forms together.

Please PRINT

First Name: _____ Last Name: _____

Age on Day of 2/14/15: _____

Gender: Male Female

T-Shirt Size: Youth XS S M L

Adult S M L XL

Address: _____

City: _____ Zip: _____

Day Phone: _____

Email: _____

Emergency Contact: _____

Emergency Phone Number: _____

School to Support: _____

(No school designation contributes to Kahoomiki's initiatives to promote healthy kids, healthy families and healthy schools)

Waiver: I AGREE to comply with the rules, regulations, and event instructions of the Keiki Great Aloha Run. I UNDERSTAND that participating in a road event is a potentially hazardous activity and can result in serious injury or death. I am aware of and I expressly assume all inherent risks associated with participating in this event, including, but not limited to, falls, contact with other participants, and objects, the effects of weather, including high heat and humidity, traffic, and the conditions of the road. IN CONSIDERATION of your accepting this entry, I for myself and anyone entitled to act on my behalf, waive and release from any and all claims for injuries and damages I may have against the Keiki Great Aloha Run, Kaho'omiki, HICORE, JABSOM, the City and County of Honolulu, State of Hawaii, the United States of America, the Sponsors, their agents and representatives caused by the negligence of any of them arising out of my participation in this event, including pre and post race activities. I ATTEST that I am physically able and have sufficiently trained to participate in the Keiki Great Aloha Run. I CONSENT to receive medical treatment which may be advisable in the event of illness or injuries suffered by me during this event, and I agree to pay for the costs of my medical treatment. I AGREE to receive mailings from the Keiki Great Aloha Run vendors which, does not obligate me to purchase any event related product. I GIVE PERMISSION for the free use of my name, voice or picture in any broadcast, telecast, advertising promotion or other account of this event.

Signature (Parent/Guardian's Signature If Under 18)

Date

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